

World Tai Chi and Qigong Day

Saturday April 28, 2018
“One World, One Breath”



When: 9 am-noon, Saturday April 28, 2018

Where: Reid Park, S Concert Place

West side of park off S Country Club Road - Look for the Tai Chi signs

Suggested: Bring a picnic, visit the zoo, wander the rose garden, and much more

What: 10 am feel the Qi circling the globe, send it on with our Tucson love and compassion

Tai Chi and Qigong sessions

Demonstrations of all styles welcome

WTCQD gathers annually, 10 am in your time zone, last Saturday in April